



Telephone: 01686 640312 Email: office@berriew.powys.sch.uk Website: https://www.berriewschool.uk/ Page 1 of 8



NEWSLETTER

DATE:26th January 2024

What a fab Friday! 😊

As part of Class Unicorn and Dragons topic 'Light and Dark' they went on an exciting walk around Berriew to look for light sources. They enjoyed speaking to local businesses in the village and were brilliantly behaved \mathfrak{S}

Well done and thank you to the helpers who came with us.













Telephone: 01686 640312 Email: office@berriew.powys.sch.uk Website: https://www.berriewschool.uk/ Page 2 of 8



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A selection of pupils from Years 5 and 6 took part in an indoor athletics morning recently where they participated in a range of activities. Mrs Worthington said how well they represented our school and was so impressed with their great

sportsmanship 😊



Telephone: 01686 640312 Email: office@berriew.powys.sch.uk Website: https://www.berriewschool.uk/ Page 3 of 8



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Hello,

As you know, parents and carers play an important role in the education of young people in Wales.

We've set up a Parents and Carers Community to gather the valuable opinions from this group.

Members of the community will be invited to share their views on important areas of education through short surveys and focus groups. This could include topics such as pupil well-being, the Curriculum for Wales or support for pupils with Additional Learning Needs. It will not be a space for parents to raise concerns about individual educational settings.

The insights we collect will also help inform how we work and improve as an organisation.

We would be very grateful if you could encourage parents and carers to join this community by sharing through your mailing lists, social media and any parent-teacher associations.

We have saved email and social media content here in English and Welsh.

The webpage for parents and carers can be found here:

https://www.estyn.gov.wales/parents-and-carers

Telephone: 01686 640312 Email: office@berriew.powys.sch.uk Website: https://www.berriewschool.uk/ Page 4 of 8



NEWSLETTER

DATE:26th Janaury 2024

Healthy snacks in primary schools

There is a legal duty for local authorities and schools to **promote healthy eating in schools**. The Welsh Government and Welsh Network of Healthy School Schemes recommend a wholeschool approach.

Food brought into school for personal consumption can be subject to restrictions at the discretion of the local authority or governing body of a school. Almost all primary schools in Wales specify **only fruit and vegetables for snack during break times**.

Schools should create an environment and culture where it is **normal and easy for children to eat healthily**. School staff, along with parents/carers, are vitally important in the development of healthy eating habits for life, through **consistent messages and role modelling**.

Fruit and vegetables should be the only snack at break times in primary schools because:

- they are a good source of fibre, vitamins and minerals;
- they are naturally low in calories, helping to maintain a healthy weight;
- eating a variety of fruit and vegetables can help to **prevent a range of health issues** such as bowel problems, cardiovascular disease and some cancers; and,
- consumption of fruit and vegetables is below recommended levels, of at least 5 portions per day.

Some primary schools also specify that fruit and vegetables at break time must be fresh.

September 2021

Telephone: 01686 640312 Email: office@berriew.powys.sch.uk Website: https://www.berriewschool.uk/ Page 5 of 8



NEWSLETTER

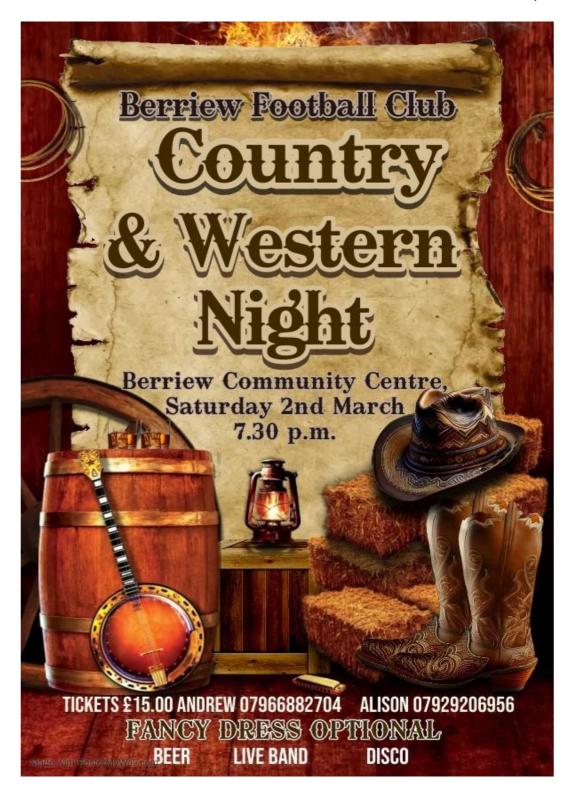
DATE:26th Janaury 2024



Telephone: 01686 640312 Email: office@berriew.powys.sch.uk Website: https://www.berriewschool.uk/ Page 6 of 8

NEWSLETTER

DATE:26th Janaury 2024



Telephone: 01686 640312 Email: office@berriew.powys.sch.uk Website: https://www.berriewschool.uk/ Page 7 of 8

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School Essentials Grant

All children eligible for free school meals can get a Welsh Government Grant. Not every child receiving free school meals is eligible for the grant.

The grant is payable only to those who are currently entitled to Free School Meals, Pupils who receive Free School Meals due to Transitional Protection or the Universal Free School Meals (from September 2022) scheme do not qualify for this funding. All looked after children qualify for the grant, whether they receive free school meals or not. The amounts are:

- £125 per eligible learner.
- Pupils entering Year 7 in September 2023 will be eligible for £200 per eligible learner.

Powys staff will check all current free school meal awards to establish if each child is eligible for the grant payment. New free school meal applications will also be checked for grant eligibility. If your child is transferring to a school outside Powys, please apply to the authority that maintains the school.

If you think you may be eligible for Free School Meals, but are not currently claiming, please contact the team.

For further enquiries please call 01597827462 (please note we will not take bank details over the phone).

The fund will cover school uniform, other clothing worn at school such as sports kits, equipment for out-of-school-hours trips (including outdoor learning) and equipment for activities within the curriculum such as design and technology.

Only one grant per academic year can be awarded and please note the payment can take a few weeks to reach your account once bank details have been provided.

NEWSLETTER

DATE:26th Janaury 2024

CITIZENS ADVICE DROP IN

At Welshpool Church in Wales Primary School on Wednesday 31st January

between 9am and 10am.

This event is to discuss support available for people's energy, water and broadband bills and provide help with reduced tariffs and energy grants.

Huw Jones is the **Family Liaison Officer** covering the schools in the Welshpool area.

He can support you and your family with things such as:

- Applying for Free School Meals and the Pupil Essential Grant
- Applying for a pre-school or school place
- Any other form filling
- Contacting and support with other agencies
- Family support (including home visits)
- Cost of living support
- Support with sourcing essential provisions
- Support with school attendance / engagement
- 1 to 1 meetings and targeted support

